

Activities & Skills Map

| SKILLS                                | KNIT  | CROCHET  | SEW   | FELT  | COLOUR   | TWIST  | OTHER   |
|---------------------------------------|---|--|---|---|--|--|---|
| <b>BABY - TODDLER</b><br><b>0 - 3</b> | <b>2 Tool Activities</b> <ul style="list-style-type: none"> <li>Broom &amp; dustpan</li> <li>Banging spoons on pots - drumming</li> <li>Sifting flour w/sieve &amp; spoon</li> <li>Tricycle riding</li> </ul> | <b>1 Tool Activities</b> <ul style="list-style-type: none"> <li>Chopping playdough or veggies</li> <li>Stirring</li> <li>"Knitting" fork (3+)</li> <li>Cutting with safety scissors</li> </ul> | <ul style="list-style-type: none"> <li>Stringing beads</li> <li>Lacing shoes</li> <li>Buttoning &amp; unbuttoning</li> </ul>                          | <ul style="list-style-type: none"> <li>Play with felt board</li> <li>Cut up felt scraps</li> <li>Wet felting "blobs"</li> </ul>   | <ul style="list-style-type: none"> <li>Finger painting</li> <li>Juice/pudding painting</li> <li>Picking flowers</li> </ul>                                 | <ul style="list-style-type: none"> <li>Kneading dough</li> <li>Stuffing things</li> <li>Washing/wringing</li> <li>Twisting grass/yarn</li> </ul>                           | <ul style="list-style-type: none"> <li>Puddle jumping</li> <li>Pouring water</li> <li>Clapping games</li> </ul>   |
| <b>KINDY</b><br><b>4 - 6</b>          | <ul style="list-style-type: none"> <li>Finger knitting BASIC</li> <li>Finger Knitting Whole Hand (later)</li> <li>Carding</li> </ul>  | <ul style="list-style-type: none"> <li>Wind yarn w/ a swifter</li> <li>Knitting fork (with a twist)</li> </ul>   | <ul style="list-style-type: none"> <li>Threading needles</li> <li>Sewing big beads onto fabric</li> <li>Tapestry table</li> <li>Knots</li> </ul>      | <ul style="list-style-type: none"> <li>Wet felting objects</li> <li>Felt transparencies</li> <li>Feltboard</li> <li>Sew felt</li> </ul>   | <ul style="list-style-type: none"> <li>Block printing (veggie)</li> <li>Finger painting</li> <li>Painting on easel</li> <li>Painting with water</li> </ul> | <ul style="list-style-type: none"> <li>Pompoms</li> <li>Twist spin roving</li> <li>Tie shoes</li> <li>Weave felt strips</li> <li>Wind wool into balls</li> </ul>           | <ul style="list-style-type: none"> <li>Skipping rope</li> <li>Weave paper</li> <li>String games</li> <li>Folding towels</li> <li>Chop sticks</li> </ul> |
| <b>GRADE 1</b><br><b>7</b>            | <ul style="list-style-type: none"> <li>KNIT stitch</li> <li>Cast on &amp; off (basic)</li> <li>Sew pieces together</li> <li>Sewing in ends</li> <li>Whole arm knitting</li> </ul>                             | <ul style="list-style-type: none"> <li>Corking (4 prongs)</li> <li>Knotted Fringes</li> </ul>  | <ul style="list-style-type: none"> <li>Backstitch &amp; running</li> <li>Measuring thread</li> <li>Sewing glossary</li> <li>Basic appliqué</li> </ul> | <ul style="list-style-type: none"> <li>Wet felting pieces (mixing colours)</li> <li>Design/cut/ sew/stuff small doll or animal</li> <li>Create small felt book (needle book)</li> </ul> | <ul style="list-style-type: none"> <li>Explore primary colours</li> <li>Fabric crayons</li> <li>Natural dyes</li> <li>Leaf/bark rubbings</li> </ul>        | <ul style="list-style-type: none"> <li>Circular weaving</li> <li>3-strand braiding</li> <li>Bows (2+ loops)</li> <li>Multi pompoms</li> <li>Weave on small loom</li> </ul> | <ul style="list-style-type: none"> <li>Hopscotch</li> <li>Make knitting needles</li> <li>Raking/ shoveling</li> <li>Lines/curves</li> </ul>             |

This chart is excerpted from a Handwork Homeschool Foundation Course :